



+25%
793

SUPPORTIVE ENVIRONMENTS:
AVERAGE # OF CLIENTS PER DAY



60

RESIDENTIAL:
AVERAGE # OF CLIENTS PER DAY



+27%
733

OUTPATIENT:
AVERAGE # OF CLIENTS PER DAY



35

RESIDENTIAL:
AVERAGE LENGTH OF STAY DAYS



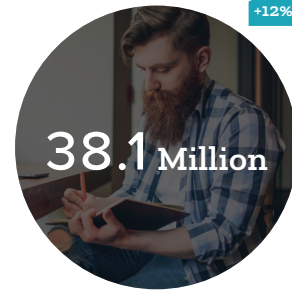
77

OUTPATIENT:
AVERAGE LENGTH OF STAY DAYS

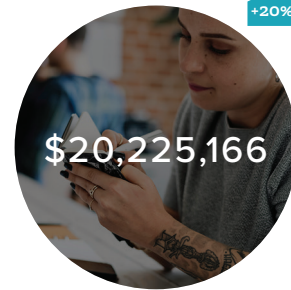
FINANCIALS AND COMMUNITY IMPACT



Charity Care



Gross Revenue



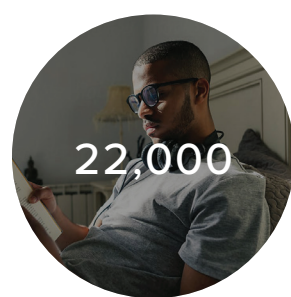
Net Assets



of Meals Served



**Outpatient
Service Hours**



**Residential
Client Days**



Total Clients

643

RESIDENTIAL

3,492

OUTPATIENT

nuway

ANNUAL REPORT 2019



*David J. Vennes, MPNA
Executive Director/CEO*

Letter from Executive Director/CEO

The momentous accomplishments of 2019 are the culmination of hundreds of skilled individuals working passionately toward a shared vision. Every aspect of NUWAY's programs is growing. We are helping more people than at any time in our history. New locations are allowing us to serve more Minnesotans. New recovery residence partners are helping us achieve the goal of providing recovery in supportive environments. Accreditation by The Joint Commission signifies our commitment to utilizing best practices and providing the highest quality of care.

The growth experienced during 2019 proves that making comprehensive, community-based extended care treatment available to all people is not only profoundly needed but eminently achievable. The success of the NUWAY model is doing even more than increasing access to care. It is changing perceptions about the ability of non-profit providers to lead the innovation of behavioral

healthcare. We are now providing a broader range of evidence-based therapies and helping more clients access high-quality co-occurring treatment, recovery housing and peer support.

NUWAY is taking new steps to measure our impact. This year marks the launch of a long-planned research partnership between NUWAY and The Center for Practice Transformation at the University of Minnesota. This long-term study will help us understand the impact that our commitment to providing high-quality recovery housing for our clients has on their treatment outcomes. The data and insights gleaned from this study may allow us to advance our R.I.S.E. (Recovery In Supportive Environments) model and better advocate for contingency management approaches and the crucial role of safe, sober housing in the continuum of care.

Every NUWAY stakeholder can feel confident about the progress made this year and the promise of our trajectory.



*Linda Hedemark, MD
Board of Directors Chair*

Letter from Board of Directors Chair

This is a year for NUWAY to celebrate its commitment to quality. NUWAY's successful bid for accreditation by The Joint Commission raises the bar for Minnesota's non-profit treatment provider community and signals trust and excellence to its clients, referents, and partners. The Association of Addiction Professionals also recognizes NUWAY's successes this year by awarding NUWAY the 2019 Organizational Achievement Award.

2019 sees continued expansion of the NUWAY mission and model with the establishment of counseling centers in Duluth and Rochester. Bringing NUWAY's

exceptional care and recovery housing commitment to new communities will benefit more Minnesotans and further substantiate the power of the NUWAY promise.

NUWAY increased its ability to treat trauma more efficiently while reducing clinician fatigue by implementing Accelerated Resolution Therapy (ART). The program's ability to address a broad range of underlying conditions gives people with significant comorbidities the treatment resources they need to make real progress and support long-term recovery.

This year marks a seminal point in NUWAY's journey for which its people, clients, and partners can be proud.



ACCREDITATION & EXPANSION

Recognition

Achieving accreditation by The Joint Commission commemorates an ongoing total-quality effort across the NUWAY organization. The Association of Addiction Professionals (NAADAC) awarded NUWAY its 2019 Organizational Achievement Award. NAADAC cites NUWAY's "stand-out reputation among treatment providers in the Twin Cities of Minneapolis and St. Paul," trauma-informed treatment of co-occurring disorders, and LGBTQIA+ and medication-assisted treatment-friendly environment in its award announcement. Also mentioned is NUWAY's support of recovery housing, and the program's commitment to the field of addiction treatment.

Serving more Minnesotans

Bringing a NUWAY facility to a new community adds more than excellent evidence-based treatment. Each new program extends the reach of the NUWAY R.I.S.E. model, ensuring more accessible, high-quality recovery housing for the area's entire recovery community. New Duluth, St. Paul, and Rochester locations began serving clients immediately, and are quickly establishing roots in the community. NUWAY also assumed management of Cochran Recovery Services in Hastings. NUWAY investments in Cochran's programming and infrastructure are restoring high-quality care by this long-standing nonprofit provider.

Clinical Innovation

NUWAY is helping to introduce large-scale use of new evidence-based therapeutic best practices. Completing certification in Accelerated Resolution Therapy and becoming trainers is allowing NUWAY clinicians to use this technique to more efficiently treat trauma while reducing exposure to reliving traumatic experiences. The introduction of Sensation Awareness Focused-Training (SAF-T) allows clinical and support staff to teach clients a new tool to relax naturally, reduce stress, and ease physical discomfort.

