



Defining R.I.S.E.

Recovery in Supportive Environments (R.I.S.E.) utilizes evidence based models of care connecting substance use disorder treatment with (subsidized) recovery residence support.

NUWAY's nonprofit mission has always been to provide extended care treatment for individuals in supportive environments. The R.I.S.E. model continues that tradition by linking outpatient treatment and recovery residence support.



Intensive Outpatient Locations

3R's NUWAY Counseling Center

1404 Central Avenue Northeast
Minneapolis, MN 55413
Phone: 612-789-8030
Fax: 612-789-8087

2118 NUWAY Counseling Center

2118 Blaisdell Avenue South
Minneapolis, MN 55404
Phone: 612-235-4677
Fax: 612-872-8855

NUWAY – University Counseling Center

1246 University Avenue West
St. Paul, MN 55104
Phone: 651-404-2000
Fax: 651-383-4537

NUWAY – Rochester Counseling Center

300 11th Avenue NW, Suite 112
Rochester, MN 55901
Phone: 507-225-0400
Fax: 507-208-7737

NUWAY – Duluth Counseling Center

4615 Grand Avenue W, Suite 300
Duluth, MN 55807
Phone: 218-207-2130
Fax: 218-600-5485

NUWAY – St. Cloud Counseling Center

1420 West Saint Germain Street
Suite 104/105
St. Cloud, MN 56301
Phone: 320-314-1200
stcloud.admissions@nuway.org

NUWAY – Mankato Counseling Center

802 S. Front Street
Mankato, MN 56001
Phone: 507-295-4940
mankato.admissions@nuway.org

www.NUWAY.org



Recovery
In
Supportive
Environments



Extending care with
safe, sober living support

Since 1966

Intensive Outpatient Services

NUWAY intensive outpatient clients have the option to live in independently run recovery residences, located in the community of their choice, and have their housing program fees subsidized while they attend treatment. Additionally, clients receive:

- Twenty units of licensed co-occurring treatment per week
- Nutritionally-based snacks
- Transportation assistance
- No cost drug testing
- Evidence based modalities

3R's NUWAY Counseling Center



St. Paul NUWAY Counseling Center



NUWAY – University Counseling Center

Recovery Residence Support

NUWAY utilizes 80+ independent providers of sober living throughout the Minnesota. Recovery residence support:

- Provides a choice in recovery housing
- Offers safe, supportive sober environment
- Is community based
- Is ASAM (dimension six) focused
- Is an evidence based practice
- Is available for the duration of treatment



"Johns Hopkins University School of Medicine reports...that those who attend day treatment and live in a sober living facility or drug-free housing are 10 times more likely to avoid relapse."

Client Benefits & Outcomes

- Removes housing barrier early in recovery
- Allows clients the extended time needed to establish recovery in their community
- Empowers client self-efficacy and choice
- Allows clients to work and/or go to school
- Follows best practice
- Builds community
- Option to remain in a recovery residence after services are completed with NUWAY

2118 NUWAY Counseling Center

