NUWAY is located in the heart of the recovery community. We emphasize developing, sustaining and nurturing freedom from the harmful effects of co-occurring substance use and mental health disorders.
WHO WE ARE

NuWay House, Inc. (NUWAY) is a private, non-profit organization serving women and men recovering from substance use and mental health disorders since 1966. Over the past fifty plus years, NUWAY has served more than 40,000 individuals seeking recovery.

We are privileged to be the first in the nation to offer the Co-Occurring Disorders Program (CDP) that was created by the Dartmouth Medical School in association with the Hazelden Foundation. The goal of this program is to enhance our clients’ recovery through understanding substance use and mental health disorders. It is our belief that substance use and mental health disorders require equal levels of intervention.

WHAT WE OFFER

An affordable extended care treatment continuum including medium-intensity residential for men and outpatient with recovery residence support for women and men. All of NUWAY’s programs offer individualized lengths of stay based on a client’s clinical need and are co-occurring.

WHO WE SERVE

Our clients often struggle with co-occurring substance use and mental health disorders; lack supportive recovery environments, do not meet criteria for short-term, high intensity treatment and need extended care in order to establish their recovery in the community.

SERVICES

Outpatient – 3R’s, 2118 and St. Paul NUWAY Counseling Centers

- Recovery residence support
- Group and individual counseling
- Individualized length of stay
- Recovery management skills
- Assessments
- Case management
- A.m. & p.m. tracks
- A meal during programming
- Trauma Skills Groups
- Accelerated Resolution Therapy & Prolonged Exposure Therapy

Residential – NUWAY I & II

- Group and individual counseling
- Individualized length of stay
- Recovery management skills
- Independent living skills
- Connection to community resources for additional needs
- On-site nursing