OUR BEGINNING

NUWAY’s (NuWay House, Inc.) beginning started in the heart of the recovery community and was the result of Alano Society of Minneapolis (2218) members seeing men struggle with maintaining their sobriety upon return from treatment centers like Pioneer House, Hazelden, and Wilmar in the early and mid-1960’s. At the time, Minneapolis did not have a halfway house and members began to explore how they could provide the much needed housing and support of these individuals.

Recovering alcoholics like Dick Giles and Del Bauer “…sold several hundred membership certificates to recovering alcoholics and with the money collected put a down payment on an old, but solid rooming house… [members] renovated, painted the inside, created a kitchen, dining room, TV room and 20 individual rooms for future residents”. NUWAY was born and on May 10, 1966 was incorporated as a nonprofit organization.

NUWAY expanded in 1970 with a second halfway house, known as NUWAY II. Both NUWAY I and NUWAY II operated as some of the original halfway houses in Minnesota and in the country. With rate reform in 2011, NUWAY I and NUWAY II became medium-intensity residential.

In the mid-1990’s, NUWAY purchased an existing outpatient program called 3R’s (Recognition, Rehabilitation & Recovery). It is now called 3R’s NUWAY Counseling Center and is located in NE Minneapolis. NUWAY’s second outpatient site, in south Minneapolis, is called 2118 NUWAY Counseling Center and opened in 2013. St. Paul NUWAY Counseling Center will open in 2017.

LETTER FROM THE EXECUTIVE DIRECTOR/CEO

David Vennes has served as NUWAY’s Executive Director/CEO since fall of 2008.
Fifty one years in the making - NUWAY is proud to provide our first annual report. Originally founded in 1966 as one of the first halfway house providers in Minnesota, NUWAY’s charitable tax-exempt mission, in 2016, of providing extended care treatment for individuals in supportive environments grew to serve approximately 317 people daily in residential and outpatient with recovery residence support.

Today, more than ever, we see a need for extended care services for individuals needing additional time in treatment and recovery residence support. While there is an abundance of high quality, intensive, short-term residential treatment options in the state on Minnesota, there is an inadequate supply of low cost extended care services.

NUWAY has maintained a commitment to its origins and the changing landscape of healthcare through the development of cost-effective, extended care services for those individuals needing outpatient with recovery residence support. Because of NUWAY’s tradition and commitment to providing cost effective extended care programming across its continuum of care, individuals are able to maximize their treatment time to establish a solid foundation for long-term recovery.

We appreciate your support of our mission and the fight for freedom from addiction.
IN THE PAST 50 YEARS, NUWAY HAS SERVED MORE THAN 40,000 WOMEN AND MEN IN RECOVERY.

WHAT WE OFFER

An affordable extended care treatment continuum including sixty-one beds of medium-intensity residential for men and outpatient with recovery residence support for women and men. All of NUWAY’s programs are co-occurring and offer individualized lengths of stay.

WHO WE SERVE

Our clients often struggle with co-occurring substance use and mental health disorders; lack supportive recovery environments, do not meet criteria for short-term, high intensity treatment and need extended care in order to establish their recovery in the community.

NUWAY Administration
2217 Nicollet Avenue S
Minneapolis, MN 55404

NUWAY I
2200 1st Avenue S
Minneapolis, MN 55404

NUWAY II
2518 1st Avenue S
Minneapolis, MN 55404

3R’s NUWAY Counseling Center
2220 Central Avenue NE
Minneapolis, MN 55418
NUWAY’s recovery residence partners are located throughout the Twin Cities metro area and are easily accessible to our outpatient counseling center locations. Our model of outpatient with recovery residence support removes the housing barrier many in early recovery face. Additionally, upon completion of treatment at NUWAY, clients have the option to remain in their recovery residence, further reducing barriers to long-term recovery.
FINANCIALS

GROWTH HISTORY

- $13,000,000: CLIENTS SERVED 1,900
- $8,000,000: CLIENTS SERVED 1,200
- $5,000,000: CLIENTS SERVED 700
- $4,500,000: CLIENTS SERVED 550
- $4,000,000: CLIENTS SERVED 500
- $3,000,000: CLIENTS SERVED 475

NET ASSETS END OF YEAR

- 2014: $4,316,731
- 2015: $6,495,429
- 2016: $7,624,572
2016 COMMUNITY IMPACT

MISSION To provide extended treatment for individuals in supportive environments.

Average # of clients living in supportive recovery environments on a daily basis

317

Average Length of Stay

Outpatient

62 days

Medium-Intensity Residential

43 days

143,000 MEALS SERVED

Average # of Clients/Day

257

Outpatient

60

Medium-Intensity Residential

OUTPATIENT SERVICE HOURS

244,000+

RESIDENTIAL CLIENT DAYS

22,000+

“NUWAY were the first people to reach out and breathe life into me.”
-Nayt P.

“My family and I were broken before I entered treatment this time... Upon my successful completion of residential treatment, my family and I were given a chance by NUWAY and one of its’ sober house partners - they worked with me and my family to build our recovery together. Through my treatment at NUWAY, I was given the opportunity to participate in prolonged exposure therapy. It allowed me to work through multiple traumas I had experienced throughout my life and today, the darkness has lifted.”
-Tiffanie P.

“...moving from a residential program to intensive outpatient, where I was able to access supportive housing, has made all the difference this time. It allowed me to put my recovery first.”
-Joe N.

“NUWAY was a big part of my recovery. To me it was more than halfway house, it was second chance to figure out who I was as a man, and who I wanted to be.”
-Tony N.